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Homework Assignment Sheet
Erotic Hypnosis Seminar
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The Four Key Hypnosis Experiences To Lead Your Woman Through

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Here are the four key things for you to have your woman experience with hypnosis. These are the four basic skills that you should master. This document reveals how to do them.

1) Get Her To Be Very Good At Surrendering Completely To You
This is a powerful verification that suggestions work and that she complies. Nothing can move forward unless you have complete surrender and absolute compliance.

Undress her on the bed. Hypnotize her. Verify she is in somnambulism. Then make it her reality (tell her) that she is constrained by her wrists and her ankles, as if (comfortably) tied by ropes to the four corners of the bed. If she truly is in somnambulism, she will not be able to move.

If this is true for her, you can consider the exercise a success.

Now for what to do with the situation... You can then use various methods of your choosing to bring her very close to orgasm, but deny her. She will find it frustrating, yet very exciting, that she cannot move. This further ramps up the power of the suggestion. Then (with her permission of course – legal caveat) have intercourse with her and make her come very hard.

Then whisper into her ear that the constraints have melted away and she is free to move. The correct response would be that she wraps her arms around you.

2) Get Her To Be Very Good At Coming For You
Orgasm control, including Instant Orgasm on Command. Instant orgasm on command is the “cornerstone” application of erotic hypnosis. You absolutely must be doing this.

You could simply hypnotize her and tell her to have an orgasm and she will. But if you are hesitant about doing it for fear of it not working and thus causing you to lose some effectiveness, I shall give you a “safer” route.

Guided Incremental Arousal:
Undress her on the bed. Sure, you could do it while she is fully dressed, but this puts her into a somewhat vulnerable and "naked" state. Always useful. And it sets the context for what is going to happen, namely orgasms. Hypnotize her. Verify she is in somnambulism.

Then say to her, "I want you to concentrate on your pussy. Concentrate on how good your pussy feels when I make love to you. That's right. Feel it. Feel how good that feels. Now make it stronger. That's right, even stronger." Continue this as you watch her closely. When her arousal increases, continue to ramp up her arousal. When she is very highly aroused, simply say, "And as you become even more aroused, you want to come for me. I know how badly you want to come so fucking hard for me. In a moment I am going to say, 'Come Now', and when I do, you are instantly going to come so fucking hard for me. And it is going to happen instantly, and it is going to happen powerfully, and it is going to happen now! Come Now!" At this point it will be easy for her to comply. This is basically thinkoff with the powerful accelerant of hypnosis.

Extended Orgasm:
While she is coming, continue to demand that she come hard for you. Demand that she keep coming for you. Since it is a mental orgasm, it will be easy to keep her coming. After she has come for one minute, tell her to stop. Then tell her how it has pleased you.

Instant Orgasm on Command:
At this point she could very easily be given another orgasm, and you will feel much more confident. After she has relaxed for a couple minutes, strengthen the depth of hypnosis. Then you are ready.

Simply say to her, "In a moment I am going to say, 'Come Now', and when I do, you are instantly going to come so fucking hard for me. And it is going to happen instantly, and it is going to happen powerfully, and it is going to happen now! Come Now!"

Relaxed Orgasm:
Again extend her orgasm. After she has come for one minute, tell her to continue coming while allowing her body to relax. "Even as you continue coming so hard for me, I want you to allow your body to relax. As you come so hard for me, relax your body. Even as you relax, you keep right on coming for me, even harder. And the harder you come, the more relaxed you become. And the more relaxed you become, the harder you come."

The proper response is that she becomes very relaxed and continues to come very hard. She will actually be able to reply to your "Yes" questions in a relaxed normal voice.

At this point she is in a highly suggestible state. This would be a very good time to strengthen commands such as the Instant Re-induction trigger and the Instant Orgasm on Command trigger.

Extra Credit: The next time you give her an Instant Orgasm on Command, tell her to remain completely relaxed when she comes for you. She will. Then the next time, tell her to give herself the Instant Orgasm on Command trigger. Fun stuff!

3) Get Her To Be Very Good At Going Into Trance Easily In Any Environment
This is tough field training, for both you and for her, but is required for the high level skills, for both you and for her.

By this time, she would have gone into trance many times for you in private at home. She should be very good at going in quickly and easily. Now it's time to do it in a public setting.

While seated next to each other and relaxing, such as when you and her are comfortably enjoying a round booth at the back of a piano bar, put your arm around her and simply explain to her that you want her to go into trance while she is safely leaning against you. Remind her that you will remain on guard to protect her at all times. When you receive agreement, whisper the Instant Re-induction trigger into her ear. She is to go into trance.

Extra credit: Give her a relaxed Instant Orgasm on Command in the public setting.

4) Get Her To Be Very Good At Being Your Naughty Little Slut
This is all evening role-play. Trance must be in effect all evening long and in all situations. This is walking trance.

Now that she is very good at going into trance, very good at being in trance in public places, and very compliant, it is time to make all evening long fantasies a reality.

You will prepare her for the date, you will hypnotize her at home, you will go out, and you will return home. All the time she is in trance.

Tell her she is to wear sexy lingerie under very conservative clothes, such as a long skirt worn by a librarian. At home hypnotize her and make it her reality she is a very conservative and prudish librarian (or whatever) but that when she is with you she has gone "bad". Tell her that when you count to 3 she will remain in trance but she will stand up and you two will go out. Yes, this really does work.

Go out for the evening's activities. Use heavy applications of Mental Foreplay to keep her sexual interest up and to remind her that she has gone bad. Remind her that she is to behave very coquettish and slutty for you. Upon returning home, fuck her like the slut that she loves to be for you.

Extra credit: Make it her reality that she is a conservative prudish *virgin* librarian, and then de-flower her.